

## Mains – Frozen:

### **Slow Roast Belly of Pork with Cider and Sage Sauce [DF]**

One Portion [325g] £6.25  
Two Portion [650g] £11.95

### **Shredded Blade of Pork with Oriental Sauce [DF] –Currently unavailable**

Small [350g] £5.95  
Large [700g] £10.95

### **Confit of Duck Leg with Orange & Brandy Sauce [DF]**

One Portion [350g] £6.50  
Two Portion [700g] £12.95

### **Pot Roast Shanks of Lamb with Redcurrant and Rosemary Sauce [GF&DF]**

Two Portion [1.05kg] £13.95

### **Beef Bourguignon [GF&DF]**

Small [350g] £5.95  
Large [700g] £10.95

### **Beef Lasagne**

Small [515g] £5.50  
Large [1.03kg] £10.50

### **Beef Stroganoff**

Small [350g] £5.95  
Large [700g] £10.95

### **Steak, Ale and Mushroom Suet Pudding [DF]**

Per Pudding £5.75

### **½ Pot Roast Pheasant [GF&DF]**

One Size £6.45

### **Cottage Pie**

Small [600g] £5.25  
Large [1.150kg] £10.25

### **Chicken, Ham and Chorizo Cassoulet [DF]**

Small [350g] £5.95  
Large [650g] £10.95

### **Mixed Bean and Vegetable Casserole [GF&DF]**

*[Also vegan]* Small £4.75  
Large £9.25

### **Chicken Breast Chasseur [GF]**

Small [300g] £4.95  
Large [600g] £9.50

### **Goan Chicken Curry [GF]**

Small [350g] £5.95  
Large [700g] £10.95

### **Celeriac, Chick Pea and Spinach Curry [GF&DF]**

*[Also Vegan]* One size [400g] £4.50

### **\*New\* Lambs Liver and Bacon**

One size [350g] £4.50

### **\*New\* Macaroni Cheese with Bacon**

Small [350g] £4.50  
Large [700g] £8.50

### **\*New\* Macaroni Cheese [V]**

Small [350g] £4.25  
Large [700g] £7.95

### **Fish Pie**

Small [600g] £7.95  
Large [1.200kg] £14.45

### **Cod and Spinach Mornay**

Small [300g] £6.50  
Large [600g] £12.50

### **King Prawns 12x [GF&DF] £5.95**

### **King Prawns x 1Kilo [GF&DF] £19.95**

### **Seabass Fillet [GF&DF] £5.50**

### **2x Salmon Fillet [GF&DF] £7.50**

## **Sauces & Stocks – Frozen:**

### **Sunday Roast Gravy [GF&DF] [600g] £3.25**

### **Chicken Stock [GF&DF] [500g] £2.75**

### **Rich Meat Stock [GF&DF] [500g] £2.95**

### **Brandy, Cream, Mushroom**

### **and Tarragon Sauce [GF] [300g] £2.95**

## **Sides – Frozen:**

### **Braised Red Cabbage [GF&DF] [350g] £2.95**

### **Mashed Swede [GF] [350g] £2.75**

### **Dauphinoise Potato [GF]**

Small [250g] £2.75

Large [500g] £4.95

### **Crispy Potatoes with Bacon & Rosemary [GF&DF]**

Small [220g] £2.95  
Large [440g] £4.50

## **Frozen Desserts:**

### **Apple and Summer Berry Crumble [GF]**

Small [220g] £3.50  
Large [800g] £6.95

### **Chocolate Melt in the Middle Pudding**

One Size [175g] £1.75

### **Summer Fruit Pudding**

One Size [160g] £1.95

### **Lemon Tart For one £1.95**

### **Apple Tarte Tatin For One £2.80**

### **Sticky Toffee Pudding with Toffee Sauce**

One Size [Two Pieces] £4.95

### **Homemade Middle House Ice Cream [GF]**

### **Listed Available Flavours [465ml] All £4.50**

Madagascan Vanilla Belgian Chocolate

Rum & Raisin Cappuccino

Strawberry & Vanilla Mint Choc Chip

Mango or Passion Fruit Sorbet

## **Freshly Prepared Deli Counter:**

Sausage Roll £1.90 Each

Scotch Egg £1.90 Each

Flavoured Mini Pork Pies [Plain, Onion

Marmalade, Chilli Jam] £2.95 Each

Smoked Bacon, Pea, Cheddar Quiche

£2.25 Per Slice

Leek and Gruyere Quiche

£2.25 Per Slice



## Home Cooked Sliced Meats:

Boneless Unsmoked Ham	£2.30 Per 100g
Turkey Breast	£2.30 Per 100g
Slicing Chorizo	£1.65 Per 100g

## Deli Tubs:

Marinated Pitted Mixed Olives	£2.15 Per 100g
Pitted Black Pitted Kalamata Olives	£2.15 Per 100g
Mixed Cabbage Coleslaw	£1.40 Per 100g
Potato Salad	£1.40 Per 100g
Coronation Chicken	£1.60 per 100g
Chicken Liver Pate	£1.95 Per 100g

## Something Sweet:

Chocolate Brownie	£2.00 Each
Chocolate Flapjack	£1.90 Each
Plain Flapjack	£1.75 Each
Bakewell Slice	£1.95 Each
Millionaire Shortbread Slice	£1.95 Each

## Local Cheeses:

Sussex Brie	£2.10 Per 100g
Sussex Camembert	£2.10 Per 100g
Mayfield Swiss	£2.10 Per 100g
Oak Smoked Mayfield swiss	£2.10 Per 100g
Winterdale Shaw	£2.20 Per 100g
Every day strong cheddar	£1.00 Per 100g
Lord Of The Hundreds [Ewes]	£3.50 Per 100g
Sussex Blue	£2.10 Per 100g
Brighton Blue	£2.20 Per 100g
Colston Bassett [Stilton]	£1.95 Per 100g

## Daily Fresh Bread:

Please call for daily selection of fresh baked bread.

## Fresh Seasonal Produce:

**Fruit** – Apples, Satsumas, Pears, Berries, Kiwis, Plums, Peaches, Bananas, Large Oranges, Pink Grapefruit, Lemons, Limes, Avocados.

**Veg** – Potatoes, New Potatoes, Baking Potatoes, Sweet Potatoes, Carrots, Parsnips, Leeks, Broccoli, White or Red Onions, Banana Shallots, Butternut Squash, Cup or Flat Mushrooms, Local Asparagus, Sugar Snaps, Fine Beans, Mangetout, Red or White Cabbage, Cauliflowers, Hispi Cabbage, Swede, Courgettes, Aubergines, Garlic Bulbs, Mixed Chillies, Fresh Ginger.

**Salad** – Baby Spinach, Rocket, Baby Leaf Mixed Salad, Iceberg Lettuce, Little Gems, Cos Lettuce, Peppers, Celery, Spring Onion, Cooked Beetroot, Cucumbers, Cherry Vine Tomatoes, Large Vine Tomatoes & a Selection of Fresh Herbs Available.

## Wines & Beers:

**Curious Apple Cider £2.00 [33cl]**

**Biddenden Cider £4.85 [1Litre]**

Medium or Dry Available

**Bottles Harvey's £2.50 Each [500ml]**

Sussex Best, Old Ale, Armarda, IPA, Tom Pain,, Porter & Christmas Ale (**200ml - £2.00**)  
Harvey Mini Kegs -5Ltr - £27.95

**A Selection of English & around the World Red, White and Sparkling Wines Are Also Available On Request.**

## Placing your Order:

Orders can be placed over the phone on:

01435 872993

Or Email us on:

[middlehousekitchen@yahoo.com](mailto:middlehousekitchen@yahoo.com)

**Deliveries Now Available**

**Monday – Saturday 24 hours minimum**

**notice. Subject to demand & availability.**

**Delivery charged Free for 1.5 miles then £1.00 per mile afterwards – within an 8 mile radius.**



**ALL PRICES SUBJECT TO CHANGE.**